

Saratoga Spa State Park

School Field Trips

Grades: Adaptable from Pre-K-8th grade

Length: 1-2 hours

Group size: Classes must be limited to 25 children per instructor.

Price: \$3 per student, due upon day of visit. Parking fees vary.

*****All classes and field trips align with New York State P-12 Science Learning Standards*****

Choose from one of our exciting outdoor classes!

(for detailed descriptions, see reverse side)

- Exploring the Outdoors (Pre-K-2 only)
- Hug a Tree and Survive
- A Taste of History
- Winter Wildlife/Introduction to Snowshoeing
- Stream Exploration



YOUR SCHOOL IS ELIGIBLE!

The Connect Kids to Parks Field Trip Grant Program (Connect Kids) is a field trip refund grant program connecting New York schoolchildren with nature and New York State history.

How Does It Work?

Connect Kids will refund up to \$1,000* of the field trip costs for visits to a New York State Park, Nature Center, or Historic Site (Parks), or a Department of Environmental Conservation (DEC) Environmental Education Center, fish hatchery, or selected DEC sites. Call (518) 474-6736 for more information.





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Field Trip Descriptions

Exploring the Outdoors (Pre-K-2 only): An introduction to the five senses for the youngest students. Students will smell spruce needles and wildflowers, listen for crickets and birds, and learn to use their eyes like owls. This hands-on class will encourage young students to enjoy and appreciate the great outdoors.

Stream Exploration: Students will get a close-up, hands-on introduction to the creatures that live in Geysers Creek. During this lesson, students will measure the stream's depth and flow, survey aquatic life, and observe and identify some of their finds. Students will also learn to measure the health of a stream through their observations.

Hug a Tree and Survive: The Hug a Tree and Survive program teaches children how to survive in the woods should they become lost. This program is also available to private groups and clubs. The Hug A Tree and Survive program is appropriate for children ages 6 to 12, and lasts approximately 45 minutes. The program includes a video and demonstrations. Each child creates a survival pack with their own safety whistle.

A Taste of History: A guided tour of our famous springs and spouters. This class introduces students to the importance of their local history. Students will taste mineral springs, learn about geology and discover the folklore of Saratoga Springs. Each student will receive a free tasting cup. **Paired with a picnic, this tour makes a great year-end field trip!**

Winter Challenges and Snowshoeing Lesson: Students will learn about various types of snowshoes and the history of their use. After a beginner's snowshoe lesson, the class takes to the woods and learns about the challenges of winter survival while looking for tracks and signs of local wildlife.

Get your kids out of the classroom this winter!

Don't see what you need? We will try our best to accommodate you!

Register Today!

Call or email Alli Schweizer at (518) 584-2000 Ext.116

Allison.Schweizer@parks.ny.gov