



**Canopus Lake Trail System
(North of Route 301)**

Appalachian Way

This 2.5 hour hike is recommended for experienced snowshoers capable of negotiating rugged terrain.

Weather adversely affects this trail. On exposed downhills, the trail can become icy, making descents very challenging.

The snowshoe trail is marked with white plastic disks with a blue snowshoe emblem.

On the ridge, the snowshoe trail follows the AT hiking trail, which is marked with white rectangular blazes painted on trees.

At the overlook, the white blazes are painted on the bedrock. It is possible that snow and ice may cover these markers.

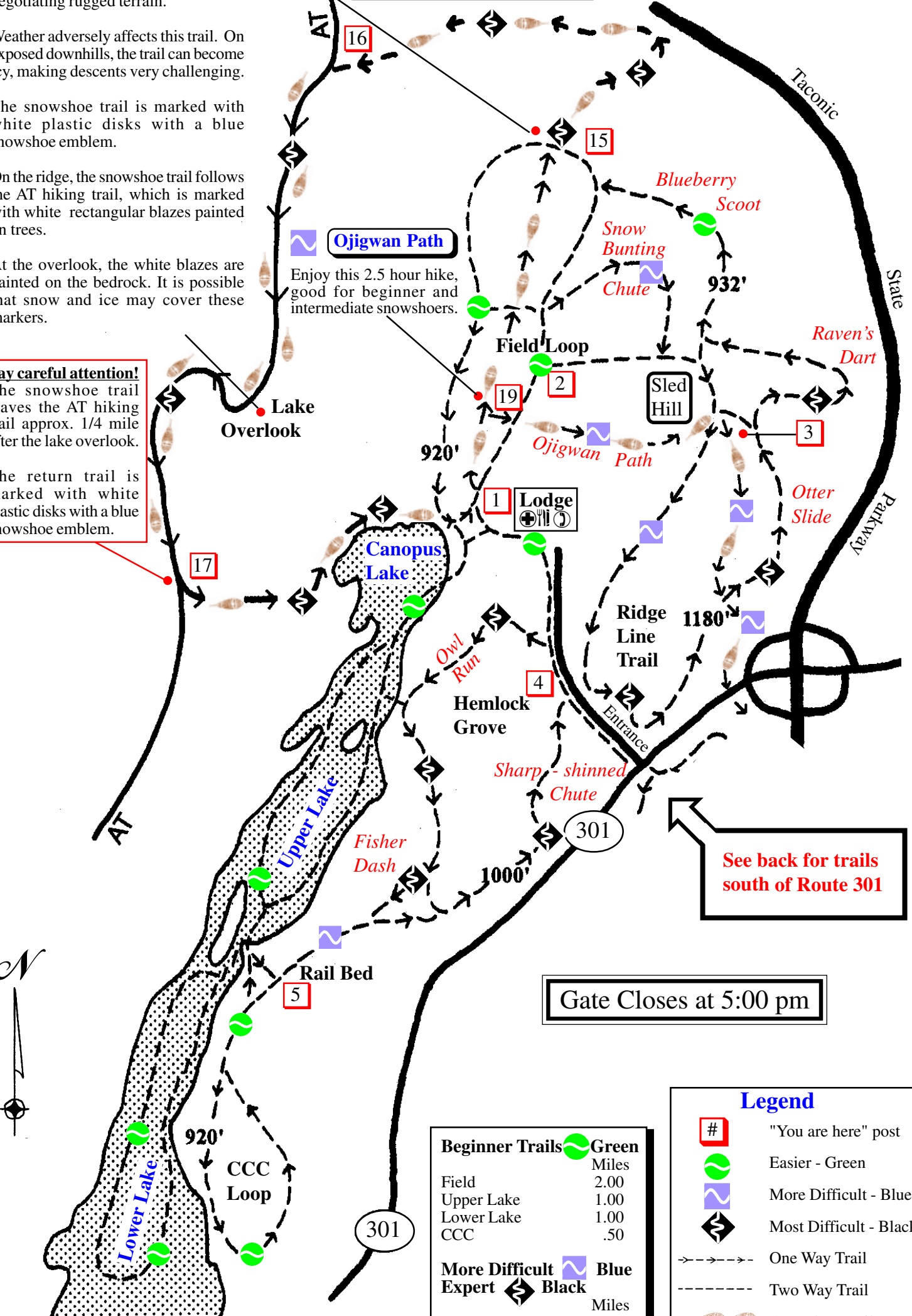
Ojigwan Path

Enjoy this 2.5 hour hike, good for beginner and intermediate snowshoers.

Pay careful attention!
The snowshoe trail leaves the AT hiking trail approx. 1/4 mile after the lake overlook.

The return trail is marked with white plastic disks with a blue snowshoe emblem.

The return trail is marked with white plastic disks with a blue snowshoe emblem.



See back for trails south of Route 301

Gate Closes at 5:00 pm

Road Crossing
For your safety - remove skis and snowshoes when crossing any road

Beginner Trails	
Field	2.00 Miles
Upper Lake	1.00 Miles
Lower Lake	1.00 Miles
CCC	.50 Miles
More Difficult	
Hemlock Grove	1.25 Miles
Ridgeline	1.50 Miles
Rail Bed	.25 Miles
Appalachian Way	2.50 Miles
Ojigwan Path	3.00 Miles





Legend

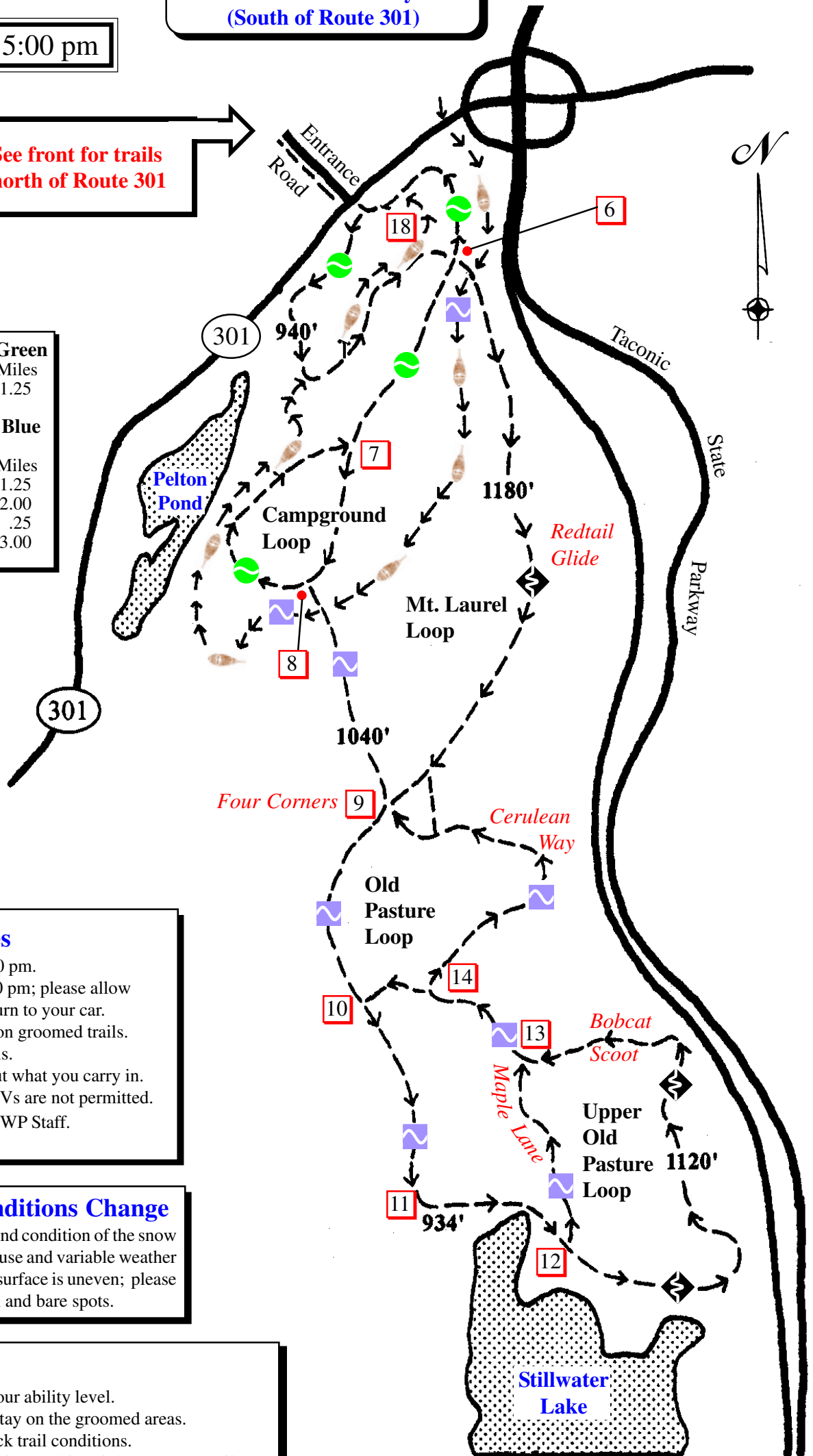
#	"You are here" post
	Easier - Green
	More Difficult - Blue
	Most Difficult - Black
	One Way Trail
	Two Way Trail
	Snowshoe Trail
	Road
	Lodge

**Stillwater Lake Trail System
(South of Route 301)**

Gate Closes at 5:00 pm

See front for trails
north of Route 301

Beginner Trails		Green
Campground		Miles 1.25
More Difficult		Blue
Expert		Black
Mt. Laurel		Miles 1.25
Old Pasture		Miles 2.00
Maple Lane		Miles .25
Ojigwan Path		Miles 3.00



Park Guidelines


- All trails close at 4:30 pm.
- Gate is locked at 5:00 pm; please allow sufficient time to return to your car.
- Hiking is prohibited on groomed trails.
- Sorry, no pets on trails.
- Do not litter; carry out what you carry in.
- Snowmobiles and ATVs are not permitted.
- Report accidents to FWP Staff.

Stay Alert - Conditions Change

On the trails, the depth and condition of the snow can be affected by skier use and variable weather conditions. The ground surface is uneven; please be alert for rocks, brush and bare spots.

Trail Safety

- Select tours to meet your ability level.
- If skiing on the lake, stay on the groomed areas.
- Before departing, check trail conditions.
- Follow trail direction signs. Ski to right on 2 way trails.
- Never ski/snowshoe on a closed trail.
- Descending skiers have right of way; always maintain control of your speed.
- Do not stop on any slope or trail where you might cause a collision with skiers or snowshoers.
- When crossing any road, remove skis/snowshoes and watch for traffic.
- Trail grooming is routinely in progress on trails; be prepared.



State of New York
David A. Paterson, Governor
Office of Parks, Recreation & Historic Preservation
Carol Ash, Commissioner

We hope your visit was enjoyable. Each season, we strive to improve our trails, services and programs. Your feedback is welcome.